



*"I want my mummy to be able to have a midwife who she can get to know and trust, who will support her through her pregnancy, birth and beyond."*

The way a woman is supported and cared for during her pregnancy and birth and the days and weeks following, profoundly affects her and her partner's ability to parent their baby.

Today's maternity care does not encourage true continuity of care from a known and trusted midwife, despite acknowledgement that this delivers the best outcomes for women and their babies.

Women, babies and families need the system to change and I am asking for your help to make that change happen.

A group of organisations with a wealth of experience in maternity care, led by NCT, AIMS, IMUK and ARM have come up with a set of principles that if adopted across the maternity sector could deliver the change women and families want and need – true continuity of care. You can find out more here:

[www.m4m.org.uk/pdf/manifesto.pdf](http://www.m4m.org.uk/pdf/manifesto.pdf)

I hope that you will raise these issues with the Minister for Health, Dan Poulter MP on my behalf and will copy me in to his reply. If you need any further information please contact [info@m4m.org.uk](mailto:info@m4m.org.uk).

**THANK YOU!**

Name

From Address

Post Code

Email